

BIRCHWOOD COLTS JUNIOR FOOTBALL CLUB - RISK ASSESSMENT



Date:	December 2020
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Description of assessment	Coronavirus (COVID-19)
Maximum number to attend per group:	30 including coach/manager, participants, match officials Spectators – groups of 6 spread along touchline or in 3G viewing area observing Social Distancing in a marked off area

Location Details	Active Nation Birchwood
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This Risk Assessment is issued in accordance with guidance from the FA and Lincolnshire FA and relates to all grassroots football and informal football activity in relation to the Government's relation of COVID 19 restrictions.

It is essential that everyone is clear about the hazards/restrictions and works together to manage social distancing, strict hand hygiene and the other protocols set out in this document.

Review date: Ongoing in accordance with Government Guidelines

Signed: Terry Swift Club Covid-19 Officer

Signed: Mark Flear Chairman Birchwood Colts JFC

Date: 04 / 12 / 2020

What are the hazards?	Who might be harmed	Controls required	Risk rating before actions	Risk rating after actions	Date completed
Spread of COVID-19	All participants, managers, coaches, parents/carers, match officials, spectators	<p>Travelling to training or a match: In a tier 2 or tier 3 area, car sharing is not permitted with someone from outside your household or your support bubble unless your journey is undertaken for an <u>exempt reason</u>. For example, if car sharing is reasonably necessary as part of your work.</p> <p>It is difficult to socially distance during car journeys. Where it is essential to car share, you can reduce the risk of transmission by:</p> <ul style="list-style-type: none"> • share the transport with the same people each time • minimise the group size at any one time • opening windows for ventilation • travelling side by side or behind other people, rather than facing them, where seating arrangements allow • facing away from each other • considering seating arrangements to maximise distance between people in the vehicle • cleaning your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch • asking the driver and passengers to <u>wear a face covering</u> 	HIGH	LOW	December 2020
Spread of COVID-19	All participants, managers, coaches, parents/carers, match officials, spectators	<p>Promoting good hygiene:</p> <ul style="list-style-type: none"> • All participants and coaches will use hand sanitisers before, after and during any activity and after touching any equipment. • Participants will be encouraged to use a tissue or upper sleeve if they need to cough or sneeze • Parents/carers must take any used tissues away with them for safe disposal • Promotional hygiene standards promotional posters will be displayed where possible • No spitting to be allowed during training or games 	HIGH	MED / LOW	December 2020

<p>All participants, managers, coaches, parents/carers, match officials, spectators</p>	<p>NHS Track & Trace:</p> <ul style="list-style-type: none"> • All participants should be encouraged to self-register using the Track & Trace QR code (there is one on display at the 3G pen for all home games) • Written consent to participate in training and match play must be given prior to taking part. Refusal to complete - no participation • Register of consent to play completed and maintained by manager/coach and submitted to committee at end of every activity. • All parents/carers to use the updated COVID-19 self-assessment checklist provided prior to arrival at training or matches to ensure they and their child are not displaying any symptoms listed. • Registration of self-assessment checklist completed for all players and club attendees at EVERY training session or match and kept in a safe place and held for a minimum of 21 days • Contact details of all match officials should also be recorded on match days. • Temperature checks for all participants (including players, manager, and coach) to be taken and recorded on the Register of self-assessment checklist. • Temperature should be taken 5cm away from forehead using the contactless thermometer provided by club at every session. • Managers/Coaches to ensure opposing teams have a similar Track and Trace registration/checklist procedure in place before games take place and agree to share information if required. <p>• ALL Managers are responsible for sending opposing team Managers the BIRCHWOOD COLTS JFC COVID-19 RULES & GUIDANCE FOR AWAY TEAMS PLAYING AT ACTIVE NATION.</p> <p>NOTE: Anyone displaying any symptoms relating to Covid-19 must be asked to refrain from any activity; to return home safely and to report to NHS. They should self-isolate and follow Government Guidelines</p>	<p>HIGH</p>	<p>MED / LOW</p>	<p>December 2020</p>
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Spread of COVID-19	All participants, managers, coaches, parents/carers, match officials, spectators	<p>Keeping facilities and equipment clean:</p> <ul style="list-style-type: none"> • All 3G equipment (including goal posts, corner poles and entrance gate to 3G enclosure) will be cleaned and disinfected by Active Nation in advance of any games/training sessions. • All equipment used in training and match play (including footballs, cones, and poles) will be cleaned before, during and after the activity using an appropriate disinfectant • Non-participants will be discouraged from retrieving the ball when it goes out of play – the ball should be retrieved using the feet rather than the hands where possible. 	HIGH	MED / LOW	December 2020
	All participants, managers, coaches, parents/carers, match officials, spectators	<p>Maintaining social distancing and avoiding congestion:</p> <ul style="list-style-type: none"> • Signage and Pitch Plan to be displayed • NO SPECTATORS/PARENTS ARE ALLOWED TO WATCH FROM THE 3G PEN SPECTATOR AREA WHILE WE ARE IN TIER 3 – They must watch from outside the pen and maintain social distancing in their social bubble (Rule of 6) • Regulate participants entry to the pitches to avoid overcrowding • Players, match officials, coaches and managers will maintain social distancing before, after and during any breaks • No more than 30 players / coaches in attendance at any one time for each match / training session • Managers/coaches will ensure that training activities, including warm-ups and cool downs are conducted maintaining social distancing guidelines throughout • Training and match times will be staggered start times to avoid congestion • Teams will be designated one 3G pitch for their training sessions • Parents/carers, managers/coaches, participants, match officials will be required not to shout or raise their voice when in face to face situations • Interactions with referees and match assistants will always follow social distancing guidelines • Interactions with players will always follow social distancing guidelines (see managers guidelines) • All participants must remain socially distanced during breaks in play • All participants must provide their own drink bottle, hand sanitizer and personal medication which should be labelled clearly with their name. These are not to be shared under any circumstances. Each player should have a spot to leave their drink/ sanitizer at the side of the pitch 	HIGH	MED / LOW	December 2020

What are the hazards?	Who might be harmed	Controls required	Risk rating before actions	Risk rating after actions	Date completed
Cross contamination when treating injuries	All participants, managers, coaches, parents/carers, match officials, spectators	<ul style="list-style-type: none"> • First aiders will use appropriate PPE <ul style="list-style-type: none"> - Mask, apron, gloves, and face screen will be supplied for ALL teams along with a bottle of hand sanitiser • A family member can be asked to assist whilst maintaining social distancing but others (including match officials, teammates, and coaches) must maintain social distancing • After any contact with an injured participant, the person administering the first aid should clean their hands thoroughly (soap and water or hand sanitiser) at earliest opportunity (regardless of whether there was close contact or social distancing was maintained) • First aider to avoid touching their eyes, nose, or mouth • A record must be kept of any form of treatment given to participants (for NHS Track and Trace purposes) 	HIGH	LOW	December 2020
Lack of understanding by managers of the guide-lines	Managers / coaches / participants / spectators	<ul style="list-style-type: none"> • No team will be able to train at Active Nation Birchwood until they have attended a managers' briefing and received all required PPE and disinfectant. • Rules will be distributed to all players, parents, and managers. • Spot checks to be undertaken by the committee on a regular basis 	MEDIUM	LOW	December 2020
Mental Health and Wellbeing	Children/Players	<p>SAFEGUARDING AND LISTENING TO CHILDREN</p> <p>While many families have coped well during lockdown, others may not have and for some children the experience will have been very difficult. You may be one of the first people outside the family unit that a child has met in recent times. It's important you know that some children may be struggling for various reasons, including:</p> <ul style="list-style-type: none"> • Lacking confidence, as they have felt cut off from their friends • Being confused and stressed about how to behave because of social distancing • They or someone they care about may have been or still be unwell • They may still be grieving because someone they love has died; • Hearing that people from BAME communities may be more vulnerable to Covid-19 • They may have been neglected emotionally and/or physically – through lack of food and/or care • Children with learning disabilities may find it particularly 	MEDIUM	LOW	December 2020

		<p>confusing, as their routine has changed.</p> <p>You may also have seen media coverage on the increase in:</p> <ul style="list-style-type: none">• Domestic violence – significantly impacting children emotionally and/or physically in households where this has happened• Online grooming of children• Cyberbullying. <p>We are including this in our Risk Assessment because of your important role in safeguarding. If you are worried about a child as they return to football, it is vital you report your concerns. Doing nothing is not an option. Please check-in with the children you are coaching/working with and ask them how they've been and how they're doing. If you have any concerns or if you are worried about a child as they return to football speak to Cliff Penning our club Welfare Officer;</p>			
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